



Altrusa DFW

Presents

A Run in the Park

5K Run
Fun Run
Family Walk



A Run in the Park Inaugural Race

Saturday, March 3, 2012

Bicentennial Park

468 Southlake Blvd., Southlake

Benefiting the Charities of Altrusa DFW

The Battered Women's Foundation - Christmas is for Children
My Own Place – YWCA, Ft. Worth and others

Sponsored by



5K Race – 1K Fun Run/Family Walk

Spend a lovely morning exploring the wonderful enhancements added to Southlake's beautiful Bicentennial Park while raising money for local charities!

AWARDS IN ALL AGE CATEGORIES Including Overall, Masters, 5-Year Age Groups
PLEASE PRINT – Make a copy of this entry and give it to a friend!

Last Name _____

First Name _____

Address: _____

City _____ ST _____ Zip _____

E-mail: _____

DOB _____ Sex M F

T-shirt Size (Circle One:) YS YM YL S M L XL 2XL 3XL (Add \$2)

Add'l T's (Circle One) YS YM YL S M L XL 2XL 3XL (Add \$2) x \$10 each = _____

MAKE CHECKS PAYABLE TO: ALTRUSA DFW FOUNDATION

WAIVER STATEMENT – ENTRY IS INVALID IF NOT SIGNED – ENTRY FEES ARE NON-REFUNDABLE
WAIVER (Must be signed with entry) I know that participating in a road race is a potentially dangerous activity. I assume full and complete responsibility for any injury, accident, or any health related issues which may occur to me during the race, including my death, as a result of my participating in the race, or while I am on the premises of the event and I hereby forever release and hold harmless and discharge Altrusa DFW, the City of Southlake and all its agencies, RunTIME Racing Services, and all sponsors, promoters and all other persons and entities associated with the event known as the "Run in the Park" or their agents, employees, volunteers or otherwise. I further certify that I am in good physical condition and fully able to participate in this event. Further, the City of Southlake is held harmless from any claims, suits, causes of action and liability arising out of my participation in this event. I understand that fees are not refundable. I also agree to follow all rules of the event and permit myself to be removed from the competition if, in the opinion of the race administrators, my continuing would endanger my health. Further, I grant full permission to use any photograph, video or recording taken of me during this event for any purpose. I have read, understand and voluntarily signed this agreement.

Participant's Signature _____ Date _____
(Signature of Parent or Guardian if Participant is under 18 years old.)

Online Registration:

https://www.active.com/event_detail.cfm?event_id=1996774

Registration by Mail:

Altrusa DFW
P.O. Box 92163
Southlake, TX 76092

Entry Fees:

Children under 5 are Free!

Register by 2/25 - \$18

Register from 2/26 until

5 pm 3/4 - \$22

Register on Race Day - \$27

Packet Pick Up

Luke's Locker

Colleyville Town Center
5505 Colleyville Blvd.
Colleyville, TX 76054
817.849.1562

Thursday, 3/1

10 am until 7 pm

Friday, 3/2

10 am until 7 pm

Race Day

6:30 – 8:00 am

Bicentennial Park

1K Fun Run Start Time – 8 am

5K Start Time – 8:30 am

For More Information:

Call Pam Shrum at

817.714.5719

E-mail:

runinthepark1@gmail.com

Sponsorships Available!