

ALTRUSA DFW SERVICE PROJECTS



Battered Women's Foundation
"Changing our world, one life at a time"

The BWF is a visionary agency founded to aggressively fight the growing problem of domestic violence. The BWF understands that it takes more than temporary shelter to begin a new life of independence and self-sufficiency. It requires a complete lifestyle change – a change founded in renewed hope for the future. The

BWF, incorporated as a 501(c)(3), is designed to complement the work of other organizations by providing long-term assistance to women attempting to break the cycle of abuse and hopelessness.

In addition to the expected services such as counseling, emergency food and clothing, and temporary shelter, the BWF offers a vital and unique two-year program designed to heal all areas of a client's life. Clients receive assistance with permanent housing, education, child-care, transportation, job search skills, food and clothing, medical care and, most importantly, rebuilding their self-esteem and restoring hope.

With a very small budget and a goal of helping hundreds of mothers and children each year, the Foundation depends heavily on volunteers, corporate and private donations, and a network of services working together.



Christmas is for Children (CIFIC) is a non-profit organization [501(C)(3)] dedicated to providing all children the love, care and joy that comprise the spirit of Christmas. CIFIC seeks organizations and individuals to contribute gifts, food, funds or time. CISD children and over 1,500 children throughout the DFW Metroplex benefited from the 2010 campaign.

Red Bag Food Drive: Altrusa DFW distributes 6,000 red food bags throughout Southlake and surrounding communities to collect enough food to help CIFIC fill 1,000 food baskets that are provided to needy families in the area. Altrusa DFW also raises funds to pay for 600 turkeys that are distributed with the food baskets! Hundreds of volunteers throughout the community assist CIFIC in assembling and distributing the food baskets in December.

Angel Program: Without sponsors our children would not have a holiday celebration. The sponsor furnishes a child with three things: something he wants, something she needs, and something educational

Other CIFIC Programs: Toy Drive - Collect toys for children age 0 through 12. **Baby Angel Program:** Premie and newborn clothing, infant car seats, infant carriers, diapers, developmental toys, and Spanish board books are donated to Parkland Memorial Hospital's Neo-Natal Intensive Care Unit specifically for prematurely born infants.

Food Drive: We have a complete list of suggested food items for these baskets that we will furnish you upon request. CIFIC also needs volunteers to assemble the food baskets the week before Christmas. **Change-A-Life:** Students collect or earn loose change and deposit it in a special jar that we provide. All change is used to purchase perishable food items for food baskets.



There's no place like...My Own Place

YWCA Fort Worth & Tarrant County's My Own Place Program is a two-year residential program for girls 18 to 21 who have aged out of the foster care system or are transitionally homeless. The women in the My Own Place program must go to school and work. The program provides extensive case management, counseling, mentoring, transportation and financial and life skills education. The program provides 14 private rooms, private bathrooms and a kitchen, where the girls are encouraged to cook for themselves. On average this is a two year program.

My Own Place offers a private furnished bedroom with private bathroom, a new computer in each room, on-site laundry and kitchen facilities, convenient high rise location in downtown Ft. Worth within walking distance of hundreds of employers, free bus passes to school and work, assistance with finding a job, and access/opportunities for college or vocational training.