

**Students are NOT allowed to charge meals or use other students lunch accounts. Please check your child's lunch account on CISD website "Lunch Money Now" link.**

# CARROLL I.S.D. AUGUST 2009

<http://squaremeals.org>

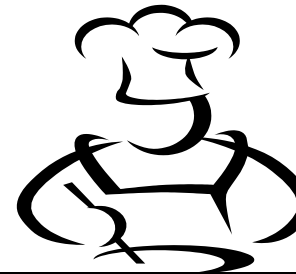


**WE SUPPORT USDA  
5-A-DAY PYRAMID**



**THREE CHOICES OF COLD MILK ARE INCLUDED (1%, 2%, OR SKIM MILK) Soy milk sold separately**

## ELEMENTARY & INTERMEDIATE



Selected A La Cart Gluten-free healthy choices available.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Menu Choice #1</b>	Bona "Petite" Meal	Bona "Petite" Meal	Bona "Petite" Meal	Bona "Petite" Meal	Bona "Petite" Meal
	-or-	-or-	-or-	-or-	-or-
<b>Menu Choice #2</b>	Yogurt Combo Meal	Deli-Bag Meal	Brunch Lunch Meal	Deli-Bag Meal	Yogurt Combo Meal

**Deli-Bag Lunch Includes:** *Deli-style Sandwich, Baked Chips, Veggie, Fruit, & Milk Choice*

**Bona "Petite" Sandwich/Salad Lunch:** *Mini Deli-style Sandwich, Lettuce, Tomato, Baby Carrot, Cheese, Salad Dressing, Fruit, Milk Choice*

**Yogurt Combo Lunch:** *Yogurt, Small Pretzel, String Cheese, Carrots w/dip, Fruit, & Milk Choice*

**Brunch Lunch Meal Includes:** *Kellogg's (healthy choice) Cereal, Apple Nutrigrain Bar, Yogurt & Fresh Fruit, Milk choice*

Menu Choice #3	Aug. 24-28	DRAGON CHEESE BURGER BAKED TATER TOTS 100% FRUIT JUICE BARS	CHEESE STICKS MARINARA SAUCE SWEET PEAS DICED PEARS	STEAK FINGERS MASHED POTATOES & GRAVY GREEN BEANS DINNER ROLL	BEEF & BEAN BURRITO STEAMED CORN ORANGE SMILES	OVEN-BAKED PIZZA FRESH SIDE SALAD APPLE
	Aug. 31	"STATE FAIR" CORN DOG OVEN-BAKED POTATO WEDGES CHILLED PEACHES				
						Parents: Please sign up for the free email low-balance alerts at Lunch Money Now link on CISD website.

In accordance with Federal law and US Department of Agriculture Policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Ave., SW Washington, DC 20250-9410 or call 800-795-3272 (voice) or 202-720-6382 (TTY). USDA is an equal opportunity provider and employer.

### **New PARENTS & STAFF FRIENDLY REMINDER:**

**EACH CAMPUS OFFICE HAS COPY OF TEXAS DEPT. OF AGRICULTURE NUTRITIONAL POLICY**

Please keep in mind that Foods Of Minimal Nutritional Value (FMNV) are not allowed in the food service area.

**Pre-Approved birthday parties are to be held outside the food service area during lunch, or after lunch have been served.**

**Schools may not allow meals to be provided to students in competition with meals served by the school food service dept. (PK-8 grades).**

**Tex. Dept. of Agriculture does not allow parents to feed lunch to children, other than their own.** Violations can cause fines to the campus and loss of revenue to the school district.

*Café Managers have authority to substitute items if necessary*

**PAYMENT SYSTEM:** You may purchase meals and snacks for your child by sending money daily or by prepaying for meals in the cafeteria or on the website through "Lunch Money Now".

*Please put your child's name on all checks brought to school. Checks should be made payable to Carroll ISD*

**Elementary Plate Lunches: \$2.15**  
(includes Milk)

**Intermediate Plate Lunches: \$2.40**  
(includes Milk)

**Adult Plate Lunch: \$3.00**  
(includes milk or tea)

**Visiting Sibling Lunch: \$2.35**  
(includes milk)