



**CARROLL I.S.D. CHILD NUTRITION DEPT.**  
*"Providing Quality Nutritious Selections"*

**Carroll ISD has a NO CHARGING policy in the cafeterias. Students CAN NOT use siblings lunch accounts**

**AUGUST 2009**

**CARROLL HIGH SCHOOL & SR.HIGH SCHOOL**

**Healthy A La Cart Deli Selections**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>A La Cart Deli Selections</b>	<i>SOUP or SALAD BAR</i>	<i>SOUP or SALAD BAR</i>	<i>SOUP or SALAD BAR</i>	<i>SOUP or SALAD BAR</i>	<i>SOUP or SALAD BAR</i>
	<i>FRESH BAKED SUB</i>	<i>FRESH BAKED SUB</i>	<i>FRESH BAKED SUB</i>	<i>FRESH BAKED SUB</i>	<i>FRESH BAKED SUB</i>
	<i>OVEN BAKED PIZZA</i>	<i>OVEN BAKED PIZZA</i>	<i>OVEN BAKED PIZZA</i>	<i>OVEN BAKED PIZZA</i>	<i>OVEN BAKED PIZZA</i>
	<i>FRESH FRUIT BOWLS</i>	<i>FRESH FRUIT BOWLS</i>	<i>FRESH FRUIT BOWLS</i>	<i>FRESH FRUIT BOWLS</i>	<i>FRESH FRUIT BOWLS</i>

**Daily Serving Line Menu: \$3.00 (includes choice of 12 or 16 oz. ice tea or fountain drink)**

AUG. 25-29	<b>DELI CHEESEBURGER</b> <b>LETTUCE-TOMATO-PICKLE</b> <b>POTATO TOTS</b> <b>FRESH FRUIT</b>	<b>BAKED CHEESE STICKS</b> <b>MARINARA SAUCE</b> <b>SWEET GREEN PEAS</b> <b>DICED PEARS</b>	<b>STEAK FINGERS</b> <b>MASHED POTATOES &amp; GRAVY</b> <b>GREEN BEANS</b> <b>FRESH BAKED ROLL</b> <b>CHILLED PEACH SLICES</b>	<b>BEEF &amp; BEAN BURRITO</b> <b>STEAMED CORN</b> <b>ORANGE SLICES</b>	<b>PIZZA</b> <b>FRESH SIDE SALAD</b> <b>APPLE</b>
AUG. 31	<b>"State Fair" CORN DOG</b> <b>BAKED FRENCH FRIES</b> <b>CHILLED PEACH SLICES</b>				

**CARROLL I.S.D. working together as a team- "DEVELOPING HEALTHY MINDS AND HEALTHY BODIES"**

Our menus are designed with consideration of the recommended daily allowances and healthy food nutritional suggestions established by the U.S. Dept. of Agriculture

**PAYMENT SYSTEM:** You may purchase meals and snacks for your child by sending money daily or by prepaying for meals in the cafeteria or on the website through "LunchMoneyNow" link. Please put your child's name on all checks. Checks should be made payable to Carroll ISD

**PARENTS/STUDENTS: PLEASE SIGN UP FOR FREE LOW-BALANCE-EMAIL ALERTS** to insure students have lunch money daily. Sign up on Lunch Money Now link on website.

In accordance with Federal law and US Department of Agriculture Policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Ave., SW Washington, DC 20250-9410 or call 800-795-3272 (VOICE) or 202-720-6382 (TTY). USDA is an equal opportunity provider and employer.

**MANAGERS HAVE AUTHORIZATION TO SUBSTITUTE ITEMS WHEN NECESSARY**