



2011-2012



## PK- 6th Grade - Healthy Choice A-La-Cart Items

The following is a list of a-la-cart products available in the cafeteria during lunch (in compliance with TDA). Please note that not all of these products are available at every school. These are not intended to replace a meal. Parents may send in signed forms/notes requesting their child be limited or restricted from purchasing these items. Some PK-4 campuses limit purchases.

\* **Gluten-Free products are marked accordingly**

### Chips & Crackers



	<u>Cost</u>
* Baked Cheetos	\$0.60
Baked Flaming Hots	\$0.60
Baked Lays BBQ	\$0.60
* Baked Lays Plain	\$0.60
* Doritos Reduced Fat Cool Ranch	\$0.60
* Funyuns Onion	\$0.60
Sunchips Multigrain Original	\$0.60
Sunchips Harvest Cheddar	\$0.60
Goldfish, Pepperidge Farms	\$0.60
Rold Gold Pretzels	\$0.60
Honey Grahams	\$0.60

### Ice Cream & Juice Bars

*(Blue Bell Products)*



* Ice Cream Cups	\$0.60
Krunch Bar Mini	\$0.60
Sandwich Mini	\$0.60
* Rainbow Mini	\$0.60
* Minute Maid Fruit Juice Bar 100%	\$0.60

### Yogurt & Pudding

* Swiss Miss Chocolate Pudding 4 oz	\$0.75
* Swiss Miss Vanilla Pudding 4 oz	\$0.75
* Variety Yogurts 4 oz	\$0.75

### Cookies

**All FRESH Baked & Reduced Fat**





Chocolate Chip 1 oz.	\$0.40
Oatmeal 1 oz.	\$0.40
Sugar 1 oz.	\$0.40
Seasonal Cookie	\$0.40

### Misc. Healthy Snacks

* Jack Link's Beef Stick	\$0.75
* Cheese Stick	\$0.50

*(The proposed FDA definition of "gluten free" specifies that a food labeled "gluten-free" does not contain any of the following: an ingredient that is any species of the grains wheat, rye, barley, or a crossbred hybrid of these grains, collectively referred to as "prohibited grains").*

### Fruits & Vegetables

	<u>Cost</u>
* Apple Whole 	\$0.50
* Banana Whole 	\$0.50
* Orange Whole	\$0.50
* Fruit on Menu (side)	\$0.50
* Sm <i>Fresh</i> Fruit Cup or Yogurt Parfait	\$1.00
* Lg <i>Fresh</i> Fruit Cup or Yogurt Parfait	\$2.00
* Vegetable on Menu (side)	\$0.50
* Pickle - Best Maid	\$0.50
* California Raisins	\$0.50

### Breads & Grains




Bagel	\$0.75
Sm Soft Pretzel	\$0.85
Cereal Bowl	\$0.50

### Condiments

* Cheese Cup	\$0.40
* Cheese, Cream	\$0.40
* Cups	\$0.10

### Beverages

* Water	\$0.75
* Juice 100% 4 oz. 	\$0.60
* Milk- 1% (Unflavored)	\$0.60
* Flavored Milk (Non-Fat)	\$0.60
* Lactose/Fat Free Milk	\$0.60
* Soy Milk Chocolate (Organic)	\$1.00
* Soy Milk Vanilla (Organic)	\$1.00