

CARROLL I.S.D. CHILD NUTRITION DEPT.

FEBRUARY 2012



Please check your student's lunch accounts on CISD website. Students will not be allowed to charge lunches or use other student accounts.

"Lunch Money Now" link
Get **FREE** low-balance email alerts

CARROLL HIGH SCHOOL & SR.HIGH SCHOOL

Healthy A La Cart Deli Selections - OR- Plate Lunch on the Serving Line

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
A La Cart Deli Selections	<i>SOUP or SALAD BAR</i>	<i>SOUP or SALAD BAR</i>	<i>SOUP or SALAD BAR</i>	<i>SOUP or SALAD BAR</i>	<i>SOUP or SALAD BAR</i>
	<i>FRESH BAKED SUB</i>	<i>FRESH BAKED SUB</i>	<i>FRESH BAKED SUB</i>	<i>FRESH BAKED SUB</i>	<i>FRESH BAKED SUB</i>
	<i>CALZONE</i>	<i>CALZONE</i>	<i>CALZONE</i>	<i>CALZONE</i>	<i>CALZONE</i>
	<i>OVEN BAKED PIZZA</i>	<i>OVEN BAKED PIZZA</i>	<i>OVEN BAKED PIZZA</i>	<i>OVEN BAKED PIZZA</i>	<i>OVEN BAKED PIZZA</i>
	<i>FRESH FRUIT BOWLS</i>	<i>FRESH FRUIT BOWLS</i>	<i>FRESH FRUIT BOWLS</i>	<i>FRESH FRUIT BOWLS</i>	<i>FRESH FRUIT BOWLS</i>
	<i>CHICKEN SANDWICH</i>	<i>CHICKEN SANDWICH</i>	<i>CHICKEN SANDWICH</i>	<i>CHICKEN SANDWICH</i>	<i>CHICKEN SANDWICH</i>

Serving Line Menu: \$3.00 (includes choice of 12 or 16 oz. ice tea, fountain drink, or small milk)

FEB. 1-3			CHICKEN FINGERS MASHED POTATOES & GRAVY GLAZED CARROTS DINNER ROLL	SPAGHETTI & HOMEMADE MEAT SAUCE ITALIAN BLEND VEGETABLES PEACH COBBLER	CHICKEN TERIYAKI FRIED RICE EGG ROLLS MANDARIN ORANGES & FORTUNE COOKIE
FEB. 6-10	BACON CHEESE BURGER BURGER SALAD ONION RINGS SNICKERDOODLE COOKIE	CHICKEN FAJITAS SPANISH RICE REFRIED BEANS CINNAMON PEARS	STEAK FINGERS MASHED POTATOES & GRAVY ENGLISH PEAS DINNER ROLL	WARM YOUR HEART DAY ! TOMATO SOUP & CRACKERS GRILLED CHEESE SANDWICH GRAPES	SLOPPY JOES POTATO WEDGES MINI CARROTS & RANCH DIP BROWNIE
FEB. 13-17	CHILI DOG W/CHEESE FRENCH FRIES PICKLE SPEAR APPLE CRISP	CALZONE TOSSED SALAD FRESH FRUIT MEDLEY CUPID CUPCAKE	CHICKEN FRIED STEAK MASHED POTATOES & GRAVY MIXED VEGETABLES DINNER ROLL	SPAGHETTI & MEATBALLS TOSSED SALAD GREEN BEANS BREADSTICKS	MINI CORN DOGS MACARONI & CHEESE FRESH APPLE RICE KRISPY TREAT
FEB 20-24	WESTERN CHEESE BURGER BURGER SALAD CURLY FRIES PEACH STRUDEL	BEEF TACOS PICO DE GALLO SPANISH RICE RANCH STYLE BEANS BANANA PUDDING	CHICKEN FRIED CHICKEN MASHED POTATOES & GRAVY GOLDEN CORN DINNER ROLL	QUESADILLA TOSSED SALAD FRESH FRUIT MEDLEY	CRISPITOS SPANISH RICE SIDE SALAD ORANGE SMILE
FEB 27-29	DOUBLE CHEESE BURGER BURGER SALAD FRENCH FRIES CHOCOLATE CAKE W/FROSTING	BEEF NACHOS PICO DE GALLO SPANISH RICE & PINTO BEANS MIXED FRUIT	STEAK FINGERS MASHED POTATOES & GRAVY ENGLISH PEAS DINNER ROLL		

PARENTS/STUDENTS: PLEASE SIGN UP FOR FREE LOW-BALANCE-EMAIL ALERTS to insure students have lunch money daily. Sign up on Lunch Money Now link on website.

In accordance with Federal law and US Department of Agriculture Policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability.

To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Ave., SW Washington, DC 20250-9410

or call 800-795-3272 (VOICE) or 202-720-6382 (TTY). USDA is an equal opportunity provider and employer.

MANAGERS HAVE AUTHORIZATION TO SUBSTITUTE ITEMS WHEN NECESSARY

AS DRAGONS, WE VALUE... Excellence, Relationships, Character & Integrity, Innovation, Open & Honest Communication