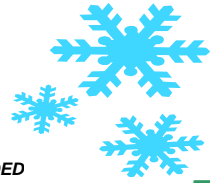


Students are NOT allowed to use other students lunch accounts.



January 2012 CAFE MENU



**PARENTS: Please check your child's lunch account on southlakecarroll.edu website and go to "Lunch Money Now" link
Get FREE low-balance email alerts**



THREE CHOICES OF COLD MILK ARE INCLUDED
(1% white, Flavored Non-Fat, Lactose free)
Soy milk sold separately

Elementary & Intermediate

(Menus are also posted on CISD website)

Menu Choice #1
Menu Choice #2

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chef Salad Meal	Chef Salad Meal	Chef Salad Meal	Chef Salad Meal	Deli Bag Meal
-or-	-or-	-or-	-or-	-or-
Yogurt Combo Meal	Deli-Bag Meal	Deli-Bag Meal	Deli-Bag Meal	Yogurt Combo Meal

Deli-Bag Lunch includes: Deli-style Sandwich, Baked Chips, Veggie, Fruit, & Milk Choice

Chef Salad Lunch: Lettuce, Tomatoes, Baby Carrots, Cheese, Cucumbers, Diced Chicken, Low-Fat Salad Dressing, Fruit, Crackers & Milk Choice

Yogurt Combo Lunch: Yogurt, Small Pretzel, String Cheese, Carrots w/dip, Fruit, & Milk Choice

Menu Choice #3

Jan. 2-6	Grilled Chicken Sandwich Sandwich Salad Veggie Sticks w/dip Chilled Peaches	Chicken Nuggets Mashed Potatoes w/gravy Green Beans Homemade roll & Apple	Grilled Cheese Sandwich Tomato Soup Celery w/ranch dip Pineapple Tidbits	Spaghetti w/Homemade meat sauce Italian Blend Vegetables Hot Bread Stick Banana	Cheesy Pizza Sticks w/marinara sauce Fresh Side Salad Orange Smiles
Jan. 9-13	Hamburger w/cheese Burger Salad Corn on the Cob Applesauce	Taco Salad Bowl Pinto Beans Fruit Cocktail Intermediate Early Release	Ravioli Side Salad Bread Stick & Peach Cup Intermediate Early Release	Quesadilla w/cheese dip sauce Green Beans & Red Grapes Intermediate Early Release	Students Off Day
Jan. 16-20	Staff & Student Holiday	Hot Dog Baked Beans Whole-Grain Sunchips Apple	Spaghetti w/homemade meat sauce Side Salad Orange Smiles Hot Bread Stick	Steak Fingers w/gravy Mashed Potatoes & Green Beans Hot Fresh Baked Roll Banana	Pizza English Peas Fresh Fruit Medley
Jan. 23-27	Sloppy Joe Baby Carrots w/dip Confetti Grapes	Beef & Cheese Taco Steamed Corn Fruit Cocktail Oatmeal Cookie	Omlet Waffle Stix w/syrup (sugar free) Potato Smiles Strawberry Cup	Veggie Chili Grilled Cheese Sandwich Granny Smith Apple Happy Birthday Ice Cream	Pizza Side Salad Banana
Jan. 30-31	Bar-B-Q Sandwich Pinto Beans Orange Smiles Sugar Cookies (Red.Fat)	Mac & Cheese Ocean Treasures Broccoli Red Grapes			

In accordance with Federal law and US Department of Agriculture Policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination,

write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building,

1400 Independence Ave., SW Washington, DC 20250-9410 or call 800-795-3272 (voice) or 202-720-6382 (TTY). USDA is an equal opportunity provider and employer.

New PARENTS & STAFF FRIENDLY REMINDER:

EACH CAMPUS OFFICE HAS COPY OF TEXAS DEPT. OF AGRICULTURE NUTRITIONAL POLICY

Please keep in mind that Foods Of Minimal Nutritional Value (FMNV) are not allowed in the food service area.

Pre-Approved birthday parties are to be held outside the food service area during lunch, or after lunch has been served.

Schools may not allow meals to be provided to students in competition with meals served by the school food service dept.(PK-8 grades).

Tex.Dept. of Agriculture does not allow parents to feed lunch to children, other than their own. Violations can cause fines to the campus and loss of revenue to the school district.

PAYMENT SYSTEM: You may purchase meals and snacks for your child by sending money daily or by prepaying for meals in the cafeteria or on the website through "Lunch Money Now".

Please put your child's name on all checks brought to school. Checks should be made payable to Carroll ISD

Elementary Lunch: \$2.50
(includes Milk)

Intermediate Lunches: \$2.50
(includes Milk)

Adult Lunch: \$3.00
(includes milk or tea)

Visiting Sibling Lunch: \$2.75
(includes milk)

When student lunch accounts start getting low on funds, a GREEN wristband will be placed on the child's wrist to remind parents (in addition to Lunch Money Now email alert).

When the student is out of funds and the student's account is going into the negative, a YELLOW band will be placed on the student's wrist to advise parents.

When the student reaches the \$5.00 negative (limit) the Child Nutrition Dept. will provide a small cheese sandwich & carton of milk to assure the student gets something to eat.

For any reason, you do NOT want your child to receive a wristband, please call or email the Child Nutrition Dept. or your student's teacher.

Please go on-line to Lunch Money Now and register your email address to receive Low Balance Notices for your students. There is NO CHARGE for this service !

Parents: Please provide physician documented food allergies to the Child Nutrition Dept. or school nurse. Managers have authority to substitute when necessary.