

CARROLL I.S.D.

Please check your child's lunch account on the CISD website
 See the Lunch Money Account link
[Get FREE low-balance email alerts](#)
Students must use their own lunch accounts.

January 2012

DAWSON & CARROLL MIDDLE SCHOOLS

Healthy A La Cart Deli Selections

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
A La Cart Deli Selections	PASTA BAR	FRESH SALAD BAR	FRESH SALAD BAR	BAKED POTATO BAR	NACHOS
	FRESH BAKED 6" SUB	FRESH BAKED 6" SUB	FRESH BAKED 6" SUB	FRESH BAKED 6" SUB	FRESH BAKED 6" SUB
	OVEN-BAKED PIZZA	OVEN-BAKED PIZZA	OVEN-BAKED PIZZA	OVEN-BAKED PIZZA	OVEN-BAKED PIZZA
	FRESH FRUIT BOWLS	FRESH FRUIT BOWLS	FRESH FRUIT BOWLS	FRESH FRUIT BOWLS	FRESH FRUIT BOWLS

DAILY SERVING LINE (All items made fresh daily)

STUDENTS: \$2.75 (SERVED WITH CHOICE OF MILK)

ADULTS \$3.00 (SERVED WITH TEA)

CHOICE OF

	#1 Chef Salad or #2 Combo Meal	#1 Chef Salad or #2 Combo Meal	#1 Chef Salad or #2 Combo Meal	#1 Chef Salad or #2 Combo Meal	#1 Chef Salad or #2 Combo Meal
	- OR -	- OR -	- OR -	- OR -	- OR -
#3 Hot Plate	Cheeseburger Burger Salad Tater Tots Apple	Taco Salad Pinto Beans Sweet Corn Pear	Steak Fingers Mashed Potatoes & Gravy Normandy Blend Vegetables Yeast Roll Sliced Peaches	Loaded Baked Potato Tossed Salad Breadstick Watermelon	Big Daddy's Pizza Cucumber Coins Baby Carrots w/dip Orange Smiles Cupcake
Jan. 2-6					
Jan. 9 - 13	BBQ on a Bun Harvest Chips Celery w/ ranch dip Pineapple Tidbits	Early Release	Early Release	Early Release	Student Holiday
Jan. 16 - 20	Student & Staff Holiday	Burrito Tossed Salad Mexi-Corn Apple	Steak Fingers Mashed Potatoes & Gravy Green Beans Yeast Roll Sliced Peaches	Cheese Sticks Marinara Sauce Tossed Salad w/carrots Grapes	Big Daddy's Pizza Celery & Carrots w/dip Pineapple Bits Oatmeal Cookie
Jan. 23 - 27	Catfish Potato Wedges Tarter Sauce & Lemon Wedge Veggie Sticks w/ranch dressing Plum	Tacos w/side salad Refried Beans Spanish Rice Diced Peas	Steak Fingers Mashed Potatoes & Gravy Steamed Broccoli Yeast Roll Sliced Peaches	Spaghetti Meat Sauce Tossed Salad w/carrots French Breakstick Confetti Grapes	Big Daddy's Pizza Tossed Salad Banana Brownie
Jan. 30-31	State Fair Corn Dog Celery w/dip Tater Tots Red Delicious Apple	Beef & Spanish Rice Casserole Tossed Salad Corn on the Cob Orange Smiles			

CARROLL I.S.D. working together as a team- "DEVELOPING HEALTHY MINDS AND HEALTHY BODIES"

Our menus are designed with consideration of the recommended daily allowances and healthy food nutritional suggestions established by the U.S. Dept. of Agriculture

PAYMENT SYSTEM: You may purchase meals and snacks for your child by sending money daily or by prepaying for meals in the cafeteria or on the website through "LunchMoneyNow" link. Please put your child's name on all checks. Checks should be made payable to Carroll ISD

PARENTS/STUDENTS: PLEASE SIGN UP FOR FREE LOW-BALANCE-EMAIL ALERTS to insure students have lunch money daily. Sign up on Lunch Money Now link on website.

In accordance with Federal law and US Department of Agriculture Policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Ave., SW Washington, DC 20250-9410 or call 800-795-3272 (VOICE) or 202-720-6382 (TTY). USDA is an equal opportunity provider and employer.

MANAGERS HAVE AUTHORIZATION TO SUBSTITUTE ITEMS WHEN NECESSARY

Providing Quality Nutritious Selections



<http://squaremeals.org>

Our serving line meals all meet the USDA Nutritional Daily Requirements